IREDELL HEALTH SYSTEM

Herbal Supplement Products	
Approved by: Randi Raynor, PharmD, MBA, BCPS	Last Revised/Reviewed Date: 07/2023
P&T Committee	Date: 08/2023

PURPOSE:

To establish policies and procedures for the use of herbal and other dietary supplement products.

BACKGROUND:

The FDA classifies herbal products as nutritional supplements and not as medications. The safety and effectiveness of these products has not been established and the quality and potency of the products cannot be guaranteed.

POLICY:

Herbal/dietary supplement products that do not contain a National Drug Code (NDC) number and have not been added to the hospital formulary will not be obtained or dispensed by the pharmacy. Herbal products will generally not be added to the hospital formulary. However, upon request, the Pharmacy and Therapeutics Committee will evaluate herbal products for addition to the formulary that have been shown to be efficacious and safe.

Cannabidiol (CBD) containing products are included in this policy.

PROCEDURE:

1) Upon admission, patients will be asked about their use of herbal/dietary supplement therapy in addition to over-the-counter and prescription medications.

2) If a provider orders a herbal/dietary supplement product for a patient, the pharmacist will discontinue the order and place a "Hold Med" order explaining that it is being held according to policy. The nurse will explain to the patient that herbal/dietary products are not on the hospital formulary and are not dispensed from the hospital's pharmacy.

INITIAL EFFECTIVE DATE:
DATES REVISIONS EFFECTIVE: 02/2020, 08/2023
DATES REVIEWED (no changes): 12/2016, 01/2023