

COMMON METRIC EQUIVALENTS

These approximate dose equivalents represent quantities usually prescribed. In labeling dosage forms in both the metric and the apothecary systems, if one is the approximate equivalent of the other, the approximate figure shall be enclosed in parentheses.

When prepared dosage forms (e.g. tablets, capsules, and injectables) are prescribed in the apothecary system, the pharmacist may dispense the corresponding approximate metric equivalent in the following table:

SOLID

1/150 grain	0.4 mg
1/120 grain	0.5 mg
1/100 grain	0.6 mg
1/10 grain	6 mg
1/8 grain	7.5 mg
1/4 grain	15 mg
1/2 grain	30 mg
1 grain	60 mg or 65 mg
5 grains	300 mg or 325 mg
1 pound (lb)	454 Gm or g.
2.2 pounds	1 Kg

LIQUID

1 teaspoonful	5 mL.
1 Tablespoonful	15 mL.
1/2 oz.	15 mL.
1 oz.	30 mL.

1 Gm = 1,000 mg
1 pint = 473 mL (or 480 mL)