

# IREDELL HEALTH SYSTEM

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## Titrated Medications

**Purpose:** To provide orders for titrating medications for critically ill patients in an effort to maximize safety and effectiveness and minimize adverse events.

**Policy:**

1. Orders for titratable medications must include the following:
  - Drug name
  - Route of administration
  - Starting rate
  - Incremental units for rate changes
  - Frequency for rate changes (how often rate can be changed)
  - Objective, measurable clinical endpoint. RASS scores qualify as such an endpoint.
  - Maximum dose
  - Parameters for titrating

**Example:**

“Start nitroglycerin infusion at 5mcg/min IV. Titrate by 5mcg/min every 5 minutes to keep SBP less than 160 mmHg and greater than 110 mmHg. Max dose 200mcg/min. Contact responsible LIP if unable to titrate, SBP 90 mmHG, or continued chest pain or EKG changes.”

2. In the event that more than one titratable sedative drip is ordered, the nurse must contact the provider to obtain an order indicating the sequence for titration.