

Memorial Health Care System

Novolin Sliding Scale Insulin Protocol: Level 1 (Regular Insulin)

Blood Glucose Reading	Dose before meal	Dose if meal is skipped	Bedtime dose
< 70	Hypoglycemic Protocol*	Hypoglycemic Protocol*	Hypoglycemic Protocol*
140-175	1 unit	0 units	0 units
176-200	2 units	1 unit	1 unit
201-225	3 units	2 units	2 units
226-275	4 units	3 units	3 units
276-325	5 units	4 units	4 units
326-375	6 units	5 units	5 units
>375	6 units & Evaluate Symptoms**	5 units & Evaluate Symptoms**	5 units & Evaluate Symptoms**

*Hypoglycemic Protocol

If blood glucose reading is <70 take either 3 glucose tabs or 4 oz juice. Recheck blood glucose in 15 min & repeat treatment if BG <80, repeat one more time. If blood glucose remains <80 after 3 treatments (glucose tablets or juice) seek medical attention.

**Symptom Evaluation

If you are experiencing the symptoms listed below and have a blood glucose >375 please seek medical attention immediately. If you are not experiencing any symptoms, please contact your physician during office hours as soon as possible.

- Feeling very thirsty and drinking a lot
- Urinating a lot, including at night
- Nausea or vomiting
- Belly pain
- Feeling tired or having trouble thinking clearly
- Having breath that smells sweet or fruity
- Weight loss