

## OUR LADY OF THE LAKE RMC

# In*Pharm*ation

The official publication of the Pharmacy Department Volume 1, Issue 4

## Introducing Our New PGY-1 Residents

## **Kellee Brown**

I am originally from Austin, TX and spent a good majority of my life in and around that area. In 2011, I graduated from The



University of Texas at Austin with a degree in Chemistry, during which time I realized I wasn't meant to work in a research lab for 10+ hours a day. So, I switched gears and applied to the Texas Tech University Health Sciences Center School of Pharmacy in Abilene, Texas for pharmacy school. I spent all four years of pharmacy school in the small west Texas town of Abilene, and am thrilled to now work/live in a large city again. My pharmacy interests include cardiology, internal medicine, and infectious disease and I plan on becoming board certified upon completion of my residency at OLOL. In my spare time I enjoy watching Netflix, eating, baking, and playing with my dog. Random facts: I love cheese (most all kinds) and probably couldn't live without it, and when I was younger I wanted to grow up to be an orca/dolphin trainer at SeaWorld.

## **Stephanie Chang**

I grew up in Naperville, Illinois, a suburb of Chicago and attended the University of Illinois at Urbana-Champaign, majoring in chemistry. I attend-



ed pharmacy school at the University of Illinois at Chicago (UIC) where I worked as an IV room student intern at the UIC Hospital. My hobbies include biking, badminton, and skiing (the kind in snow, though I want to learn how to water ski). In my free time, you can find me Yelp-ing new restaurants to try, cooking a variety of food (especially Indian cuisine), and baking (my specialty is cheesecake). To be honest, I will probably never adjust to the heat and humidity here, but will be glad to escape Chicago's subzero winter where you might as well carry a suitcase for the amount of clothes you have to wear!

## Lauren Linder

I am from Columbia, SC and attended Clemson university in Clemson, SC where I studied Microbiology [Go Tigers!]. For



pharmacy school I went to Presbyterian College School of Pharmacy in Clinton, SC and loved every moment of it. I believe our pharmacy profession is so amazing because we can have such a great impact on our patients. The best part of being a pharmacist to me is the rewarding feeling I gets when my patients are educated on their medicine and take ownership of their new knowledge. I love when I can see the light bulb go off, and know that my counseling or intervention has made a difference. My favorite saying is "you only get out what you put in "! This phrase has really impacted me all throughout pharmacy school, and I have quickly learned that this is becoming my life mantra. It helps to remind me to put my best self forward in everything I do, so that I am constantly bettering myself not only personally, but professionally. Outside of pharmacy world, I enjoy cooking and trying new recipes! I also enjoy trying new restaurants and exploring "foodie" places to see what they are cooking up! Little weekend getaways to craft beer festivals also make me happy [so does my cat Professor RufusJ]. If I was to win the lottery, I would splurge on a new car [Toyota 4 runner, all black], open up a local microbrewery/ restaurant, and buy all the jeans and Tory Burch I could afford! My guilty pleasure is all things Disney, and I would go every year if I could!

## **Patient Safety Corner**

**ISMP Best Practice 5 : Purchase oral liquid dosing devices (oral syringes/cups/droppers) that only display the metric scale.** This stems from numerous reports of mix-ups between milliliters (mL) and other measurements (i.e. teaspoons) that have led to patient harm, including hospitalizations. Ensure patients are discharged with metric oral syringes to avoid this patient safety issue.

### **Safety Opportunities**

- Double check all vials and medications contained in RSI kits prior to dispensing to ensure that none of the medications have been used. We had a safety event where a kit was dispensed containing a partially used vial of Etomidate. Also, ensure the container is intact, and replace it if any broken parts are present.
- For the safety of our patients, only use a certified interpreter. Do not use family or friends of the patient as interpreters.

## **Pharmacy Practice Changes**

- DoseEdge Oral: Oral syringes are now being verified through DoseEdge.
- New unit EMBH: Pharmacists working main and chargebe sure to adjust your settings in MedManager and Pyxis • Connect to view and verify orders for EMBH, the new behavioral health unit.
- Nimodipine: Nimodipine liquid is currently unavailable due to drug shortage. For the time being, nimodipine liquid will • Updated Policies: be unit dosed from the gel capsule formulation.
- Expiration cycle: Medications are to be removed from Talyst, emergency kits, and crash carts 60 days prior to expiration instead of 90 days.
- Updated documents on FormWeb:
  - ♦ Medications Requiring Special Monitoring: calcium gluconate added
  - Medication Override List

- ♦ SALAD
- ♦ High-Alert Medications

## Regulatory

## **Recent FDA Drug Approvals**

Entresto (sacubitril and valsartan) was approved by the FDA in July 2015 to reduce the risk of cardiovascular death and hospitalization for heart failure patients with chronic heart failure (NYHA Class II-IV) and reduced ejection fraction. When switching between Entresto and an ACE inhibitor, use of the two drugs should be separated by 36 hours.

### **FDA Drug Recalls for March:**

None affecting OLOL

## Joint Commission Quick Safety Tip:

When a patient is prescribed an anticoagulant, such as heparin, enoxaparin, or warfarin, only unit-dose oral products, prefilled syringes, or premixed infusion bags should be used in order to prevent dosing errors.

## Are You Ready for the Joint Commission Survey

Question: What occurs during the "individual tracer" part of the survey?

Answer: A Joint Commission surveyor reviews an individual patient's care record from preadmission to post-discharge. This includes evaluating the processes behind all treatments and services a patient received during their hospital stay, including all components of the medication process. Pharmacy can expect to be reviewed on the preparation, dispensing, storage, and control of all medications a tracer patient received to ensure processes meet Joint Commission standards.

## Louisiana Board of Pharmacy:

The 2015 Louisiana Legislative regular session has concluded. Fifteen pharmacy-related bills were passed by either the Senate or House of Representatives and have been sent to the governor for final approval. Two important bills affecting hospital pharmacies were included in this session and will become effective on August 1<sup>st</sup>:

- HB 159 adds an optional fee of \$100 to the annual pharmacist license renewal fee. This money will be allocated to the pharmacy education program at University of Louisiana at Monroe.
- HB 319 requires the LA Board of Pharmacy to maintain an online list of biologic products that are considered to be interchangeable.

The Louisiana Board of Pharmacy has issued a reminder that the Office of Debt Recovery has the power to revoke or suspend any professional licensure, including pharmacist or technician licenses, if a debt is owed to the state.

## Dates to Remember

July 22<sup>nd</sup>: Tiffany Wells' Birthday July 28<sup>th</sup>: Michelle Landry's Birthday July 29<sup>th</sup>: Nicolle Bridgewater and Zumrud Shikhalieva's Birthdays August 1<sup>st</sup>: Anjali Namjoshi's Birthday August 3<sup>rd</sup>: Vallery Williams' Birthday August 4<sup>th</sup>: Bria Jenkins' Birthday

August 7<sup>th</sup>: Shirelle Fernandez and Celeste Fontenot's Birthdays, Newsletter Content Due

August 8<sup>th</sup>: Tamiko Brown's Birthday

- August 13<sup>th</sup>: Willie Lewis' Birthday
- August 14<sup>th</sup>: Melissa Ivey's Birthday
- August 15<sup>th</sup>: Donna Paine's Birthday

### **INPHARMATION** EDITORIAL STAFF

Editor-in-Chief Monica Morgan, PharmD

Content Editor Carli Nesheiwat, PharmD, BCOP

Paae Editor Jennifer Jones, PharmD, BCPS

Writing Staff Ashley Joseph, PharmD Brandi LaFrance, PharmD, BCPS Katie Ducote, PharmD, BCPS Kellee Brown, PharmD Stephanie Chang, PharmD Lauren Linder, PharmD